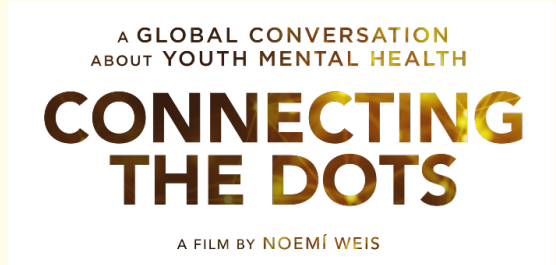




# 2023-2024 COMMUNITY OF CARE PROGRAMMING

Thursday, October 5 • 7:00 p.m.  
HUDSON MIDDLE SCHOOL AUDITORIUM

HUDSON COMMUNITY FIRST and STATE OF MIND: HUDSON present  
**A COMMUNITY SCREENING**  
followed by a discussion of



Did you know: common mental disorders, including anxiety and depression, account for 16% of the global burden of disease and injury in people aged 10-19 years? *Connecting the Dots* is the first feature documentary of its kind to offer a raw and intimate look at youth mental health from a global perspective. With heart-felt poignant stories of lived experience, the film exclusively showcases young voices breaking barriers surrounding youth mental health. Through highly cinematic and character driven storytelling, *Connecting the Dots* is emotional, reflective and hopeful. Our future leaders are speaking up. It's time to listen.



For more information:  
[connectingthedotsfilm.com](http://connectingthedotsfilm.com)  
f @StateofMindHudson

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